

# FROM THE DESK OF Phyllis Alpaugh



## SUPERINTENDENT'S NEWSLETTER

Rockaway Borough Schools  
October 2019

## REFERENDUM PASSES!

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### RAMS CORNER

[Read about our new Media Center](#)



### MARK YOUR CALENDAR

[Click here for upcoming dates](#)



For more information regarding these or other topics, feel free to contact me at [pa@rockboro.org](mailto:pa@rockboro.org)



Welcome to "*From the Desk of Phyllis Alpaugh*" a new monthly newsletter providing information to what's happening in the Rockaway Borough Schools. This newly created Superintendent's newsletter will mirror the reconfigured format of each building's newsletter and be delivered to you via email through subscription. Our hope is that this electronic format will be better suited and provide you with easier access to district news.

The format of this newsletter will be quite simple with the lead article focusing on a relevant and targeted district initiative. It will be followed by **RAMS CORNER** which will highlight a well-deserved student, staff member or initiative followed by a **MARK your CALENDAR** section to keep you informed of special presentations, events or programs originating from the Superintendent's Office. To conclude, I will share a journal article or research piece with you about some trend in today's education that is pertinent to our work here in the district.

I hope you enjoy this new publication and welcome all feedback.

Happy Reading!  
Phyllis Alpaugh  
Superintendent of Schools

# This issue's FEATURED ARTICLE.. Social Emotional Learning



**Social-emotional learning** (SEL) as defined by experts is "the process in which both adults and children develop the self-awareness, self-control, and interpersonal skills that are vital for school, work, and life success". Research has shown that people with strong **social-emotional** skills are better able to cope with everyday challenges and benefit academically, professionally, and socially. It is also documented that SEL is best accomplished through effective classroom instruction, student engagement in positive activities in and out of the classroom and broad parent and community involvement in program planning, implementation, and evaluation.

Since **social and emotional skills** are so critical to success both in and out of the classroom, the Rockaway Borough Schools have chosen the integration of SEL learning and programming as one of our district goals for the 2019-20 school year. As a result, staff will be receiving continuous and on-going training and professional development on how to best integrated those skills within our current curriculum.

For more information on **Social Emotional Learning** and its overall benefits, see the below resources. Also please join us for a Superintendent's Coffee focused on SEL scheduled for next week. See above [MARK YOUR CALENDAR](#) for more info.



[Read more about The Importance of SEL](#)

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