

Happy New Year!

Great News Rockaway Borough!

Breakfast and Lunch meals are available at no cost through June 2021!



Each meal is:

Packed with Nutrition, Individually Packaged Time and Money Saving AND **ABSOLUTELY FREE!!!**

Interested students are asked to pre-order their meals for the coming week using the online ordering system on our website. Orders should be placed no later than Thursday at noon for pick up the following week.

Pickup at:

Thomas Jefferson Middle School (in the back by the kitchen door)

Mondays from 1pm – 2pm

If school is closed on Monday, distribution will take place on Tuesday

Pickup up to 7 days' meals

one breakfast and one lunch meal per child per day

A Complete Breakfast Includes:

Entrée (Bread/Grain), ½ cup serving of Fresh Fruit, Cupped Fruit or 100% Juice, & Milk (8oz)

A Complete Lunch Includes:

Entrée (Protein/Grain), Vegetable (1 cup), Fruit (1 cup) & Milk (8oz)



POMPTONIAN
FOOD SERVICE

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www.pomptonian.com

"This institution is an equal opportunity provider."