

**ROCKAWAY BOROUGH SCHOOL DISTRICT TRAVEL and
QUARANTINING GUIDELINES- - *UPDATED- 12/9/21***

The guidance below is based on what is currently known about the transmission and severity of COVID-19 and is subject to change as additional information is learned, in collaboration with our local health department.

<u>SITUATION</u>	<u>QUARANTINING GUIDELINES</u>
Domestic Travel	Quarantining is not required unless COVID symptoms are present.
International Travel (Unvaccinated)	Get tested for COVID 5 (five) days after return. Self-quarantine for 7 days upon return, even if a negative COVID test is obtained. If the COVID test is positive, self-quarantine/isolate for 10 (ten) days. Unvaccinated and no test, quarantine for 10 (ten) days.
International Travel (Vaccinated)	Quarantining is not required unless COVID symptoms are present.
Positive COVID Test	Self-quarantine for 10 days from the date of the test, whether symptomatic or asymptomatic.
Waiting for COVID Test Results	May not attend school until a negative COVID test is obtained.
If Any Member of Household Is Waiting for COVID Test Results	Unvaccinated individuals may not attend school until the household member receives a negative test result. Vaccinated individuals may attend school unless COVID symptoms are present.
Close Contact or Household Contact for Unvaccinated Individuals	May not attend school for 7 (seven) days with negative COVID test results collected at five to seven days. If not tested, may not attend school for 10 (ten) days. <i>Morris County is at HIGH transmission status. Unvaccinated individuals may not attend school for 14 (fourteen) days.</i>
Close Contact for Vaccinated Individuals or Those Recently Positive (within the past 90 days with documentation.)	Do not have to quarantine if COVID symptoms are not present.
Exhibiting COVID Symptoms	Ill individuals with COVID-19 compatible symptoms who have not been tested or individuals who tested positive for COVID-19 should stay home until at least 10 days have passed since symptom onset and at least 24 hours have passed after resolution of fever without fever reducing medications and improvement in symptoms.

***COVID symptoms** may appear 2-14 days after exposure to the virus. Symptoms include:*

- *Fever or chills*
- *Cough*
- *Shortness of breath or difficulty breathing*
- *Fatigue*
- *Muscle or body aches*
- *Headache*
- *New loss of taste or smell*
- *Sore throat*
- *Congestion or runny nose*
- *Nausea or vomiting*
- *Diarrhea*